

## Overzicht meest recente literatuur

### Recente literatuur die achtergrond vormt van de NVE-beslisboom

- Fairburn, C.G. & Brownell, K.D. (Eds.) (2002). *Eating Disorders and Obesity: A Comprehensive Handbook*. New York: Guilford Publications.  
**Een uitstekend handboek met bijdragen van toponderzoekers. Met name de volgende hoofdstukken zijn in dit kader relevant:**
  - Foster, G.D.(2002). Nondieting approaches (pp. 604-608).
  - Hill, J.O. (2002). The nature of the regulation of energy balance (pp. 67-71). 'The strongest evidence is the relative stability of body weight within individuals over time.'
  - Wilson, G.T. (2002). The controversy over dieting. (pp. 93-97). Over de opvatting dat diëten alleen maar tot jojo-en leidt.
  - Wilson, G.T., & Brownell, K.D. (2002). Behavioral treatment for obesity (pp. 524-528).
  - Gedragstherapeutische benaderingen van behandeling van overgewicht.
  - Wing, R.R., & Klem, M. (2002). Characteristics of successful weight maintainers (pp. 588-592).
  - Over de slechts 10 tot 20% die erin slaagt een gewichtsverlies van 10% gedurende minstens 1 jaar te handhaven.
- Ouwens, M.A. (2005) *The disinhibition effect: tendency toward overeating and not restraint predicts food consumption*. Proefschrift Nijmegen
- Van Strien, T. (2003). Lijnen erger dan de kwaal? *De Psycholoog*, 68-73.
- Van Strien, T. (2003). Lijnen helpt wel. *Huisarts en Wetenschap*, 46, 95-97.
- Van Strien, T., & Ouwens, M.A. (2003). Counterregulation in female obese emotional eaters: Schachter, Goldman, and Gordon's (1968) test of psychosomatic theory revisited. *Eating Behaviours*, 3, 329-340.
- Van Strien, T (2005). Waarom is het effect van een vermageringsdieet vaak teleurstellend? *Modern Medicine: Themanummer het metabool syndroom in de huisartspraktijk*, 29, 15-18.

### De internationale publicatie van de NVE (Dutch Eating Behaviour Questionnaire; DEBQ) is in de Web of Science meer dan driehonderd keer geciteerd (onder Van Strien, T). Hieronder vindt u een selectie van onderzoek van anderen met de NVE/DEBQ.

- Allison, D.B., Kalinsky, L.B., & Gorman, B.S. (1992). A comparison of the psychometric properties of three measures of dietary restraint. *Psychological Assessment*, 4, 391-398.
- Allison, D.B., & Franklin, R.D. (1993). The readability of three measures of dietary restraint. *Psychotherapy in Private Practice*, 12, 53-57.
- Blair, A.J., Lewis, V.S., & Booth, D.A. (1990). Does emotional eating interfere with success in attempts at weight control? *Appetite*, 15, 151-157.
- Gorman, B.S., & Allison, D.B. (1995). Measures of restrained eating. In: D.B.Allison (Ed.) *Handbook of assessment methods for eating behaviour and weight related problems. Measures, theories and research*. (pp. 149-185). New York: Sage.
- Green, M.W., Rogers, P.J., Elliman, A., & Gatenby, S.J. (1994). Impairment of cognitive performance associated with dieting and high levels of dietary restraint. *Physiology and Behavior*, 55, 447-452.
- Grunert, S.C.(1988). Ein Inventar zur Erfassung von Selbstaussagen zum Ernährungsverhalten. *Diagnostica*. 35, 167-179.
- Halvarsson, K., & Sjøden, P. (1998). Psychometric properties of the Dutch Eating Behaviour Questionnaire (DEBQ) among 9-10 year old Swedish girls. *European Eating Disorders Review*, 6, 115-125.
- Hill, A.J., & Robinson, A. (1991). Dieting concerns have a functional effect on the behaviour of 9-year old girls. *British Journal of Clinical Psychology*, 30, 262-267.

- Heaven, P.C.I., Mulligan, K., Merrilees, R., Woods, T., & Fairouz, Y. (2001). Neuroticism and conscientiousness as predictors of emotional external and restrained eating behaviours. *International Journal of Eating Disorders*, 30, 161-166.
- Hyo-Jeong, K., Im Soon, L., & Hae, J. (1996). A study of the reliability and validity of the Korean version of the Eating Behavior Questionnaire. *Korean Journal of Clinical Psychology*, 15, 141-150.
- Krauchi, K., Reich, S., & Wirz, J. (1997). Eating style in seasonal affective disorder: who will gain weight in winter? *Comprehensive Psychiatry*, 38, 80-87.
- Laessle, R.G., Tuschl, R.J., Kotthaus, B.C., & Pirke, K.M. (1989). A comparison of the validity of three scales of dietary restraint. *Journal of Abnormal Psychology*, 98, 504-507.
- Larsen, J.K., Van Strien, T., Eisinga, R. & Engels, R.C.M.E. (2006). Gender differences in the association between alexithymia and emotional eating in obese individuals. *Journal of Psychosomatic Research*, 60 (3), 237-243.
- Lluch, A., Kahn, J.P., Stricker-Konrad, A., Ziegler, O., Drouin, P., & Méjean, L. (1996). Internal validation of a French version of the Dutch Eating Behaviour Questionnaire. *European Psychiatry*, 11, 198-203.
- Ogden, J. (1993). The measurement of restraint: Confounding success and failure? *International Journal of Eating Disorders*, 3, 69-76.
- Stice, E., Fisher, M., & Lowe, M.R. (2004). Are dietary restraint scales valid measures of acute dietary restriction? Unobtrusive observational data suggest not. *Psychological Assessment*, 16, 51-59.
- Strien, T. van, Engels, R.C.M.E., Staveren, W A. van, & Herman, C.P.(in druk). The validity of dietary restraint scales: A response to Stice, Fisher and Lowe (2004). *Psychological Assessment*.
- Strien, T. van, Engels, R.C.M.E., Van Leeuwe, J., & Snoek, H.M. (2005). The Stice model of overeating: tests in clinical and non-clinical samples. *Appetite*, 45 (3), 205-213.
- Viana, V., & Sinde, S. (2003). Estilo alimentar: Adaptacao e validacao do questionario Holandes do comportamento alimentar (Eating style: A validation study of the Dutch Eating Behavior Questionnaire for the Portugese population). *Psicologia:-Teoria, -Investigaca-e-Pratica*, 8, 59-71.
- Volkow, N. et al. (2003). Brain dopamine is associated with eating behaviors in humans. *International Journal of Eating Disorders*, 33, 136-142.
- Wardle, J. (1987). Eating Style: A validation study of the Dutch Eating Behaviour Questionnaire in normal weight subjects and women with eating disorders. *Journal of Psychosomatic Research*, 31, 161-169.
- Wardle, J., & Beales, S. (1987). Restraint and food intake: an experimental study of eating patterns in the laboratory and in everyday life. *Behavioral Research and Therapy*, 25, 179-185.
- Wardle, J., Marsland, L., Seikh, Y., Quinn, M., Fedoroff, I., & Ogden, J., (1992). Eating Style and eating behaviour in adolescents. *Appetite*, 18, 167-183.

### Reactie op het artikel **Assessing yourself as an emotional eater: Mission impossible?**

Onlangs verscheen in *Health Psychology* een artikel van de hand van de Utrechtse onderzoekers C. Evers, D.T.D. de Ridder en M.A. Adriaanse (2009) getiteld: [Assessing yourself as an emotional eater: Mission impossible?](#) Tatjana van Strien [reageert](#) en verwijst naar een interessante [FMRI-studie](#).

### De relatie tussen NVE-schalen en hersendopamine

Bekijk de [samenvatting](#) van een mooie Amerikaanse studie door Nora D. Volkow e.a. naar de relatie tussen NVE-schalen en hersendopamine: Brain dopamine is associated with eating behaviors in humans. *International Journal of Eating Disorders*, 33 (2), 136 - 142.